

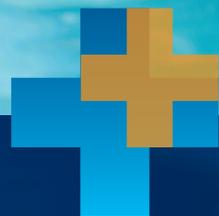

**Ramsay
Health Plus**
Part of Ramsay Health Care

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MPR001085 BPH Health Plus Hydrotherapy 4pp DL 0818



Ramsay Health Plus
Beleura Private Hospital
Hydrotherapy




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Health Plus**
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Our Therapeutic Hydrotherapy Pool

At Beleura Private Hospital we have a heated (34°C), indoor hydrotherapy pool which is utilised to assist people with recovery from injury or illness. Exercise in water/ aquatic therapy, can also help people maintain strength, independence and functional ability.

Our Specialist Hydrotherapy Team

Our hydrotherapy team consists of highly skilled Physiotherapists, Exercise Physiologists and Allied Health Assistants who are all trained in aquatic therapy.

Some conditions that may benefit from Hydrotherapy:

- Lower back and neck pain
- Sciatica
- Joint and Arthritic pain
- Chronic pain
- Sports injuries
- Sprains and Strains
- Orthopaedic conditions
- Post-surgical rehabilitation following knee, hip and shoulder replacements and reconstructions.

What to expect:

- An initial hydrotherapy assessment and consultation conducted by one of our therapists is required before commencing hydrotherapy sessions.
- Development of an individualised program to address clinical and rehabilitation goals
- Individual group sessions conducted by a Physiotherapist or Exercise Physiologist

Why choose Ramsay Health Plus?

- Experienced team of Health Professionals so you know your treatment is in safe hands
- Individually designed treatment tailored to meet the needs of each client
- Prevention, treatment and long term management of a wide range of health and medical conditions
- Advice and assistance to transition back into community roles and life after illness or injury
- Superior facilities including a heated hydrotherapy pool and fully equipped gymnasium
- Access to multiple Allied Health services in one convenient location at Beleura Private Hospital

How to access services

No referral required. Casual appointments available.

For further information and bookings please call **03 5971 0586**

Payments

Beleura RHP accepts the following payments for Hydrotherapy:

- HICAPS for Health Fund Extras
- Visa, Mastercard and EFTPOS transactions

