



# Ramsay on the Mornington Peninsula

## Beleura Private Hospital

925 Nepean Highway  
Mornington Vic 3931  
Tel 5976 0888

## Peninsula Private Hospital

525 McClelland Drive  
Frankston Vic 3199  
Tel 9788 3466

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### SPECIAL POINTS OF INTEREST:

- New Visiting Medical Officers
- Major redevelopments at both hospitals
- Hand Hygiene initiatives
- International Guests
- Breakthrough in Stroke prevention

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### From the Chief Executive Officer

Both Hospitals eagerly await permits from Frankston City and Mornington Shire Councils to undertake development projects at Peninsula and Beleura Private Hospital respectively.

Subject to statutory permits, early works are scheduled to start on 4th July at Peninsula and the end of July at Beleura. Expect to see hoardings and construction facilities from these dates onwards at the two sites.

Construction managers and their teams have been appointed and site managers nominated for each development.

Changes to operating suites are planned at both hospitals. There are more extensive changes planned for Beleura Operating suite and CSSD that will require very careful scheduling so that surgical throughput can continue as usual. Beleura operating room works will be scheduled through four phases with anticipated completion by the end of January 2012. These works will result in an additional operating theatre, increase the size of two of the current theatres, a new CSSD Department and provide improved storage.

To complement an additional operating room at Peninsula, a seven bed intensive care unit will be built in what is currently the high dependency unit. Developing an Intensive care service at the hospital is a major functional change that will require thoughtful planning, with recruitment of new people with different skills.

Cardiothoracic surgery will be a major feature of the new intensive care unit. Cardiothoracic surgeons already have a presence at the hospital, and as the intensive care service is implemented, that presence is likely to expand. The ICU will also enable other surgeons to perform more complex surgical procedures at PPH with the knowledge that ICU is available should it be required.

The Managing Director of Ramsay Health Care addressed the inaugural combined Annual General Meeting on

Wednesday 11th May 2011 held at Port Philip Estate, Red Hill South. Mr Rex reinforced with the 43 specialists who attended the meeting, Ramsay Health Care's commitment to develop the two hospitals.

Its very pleasing to have continued interest from medical specialists seeking clinical and procedural privileges at both our hospitals.

Many of these newly accredited clinicians' are seeking consulting space at one or both hospitals, but as we all know, there is limited capacity to meet those expectations.

At Peninsula there has been a concerted effort to recruit new Obstetricians to meet demand and increase the number of deliveries at the hospital. Dr Stas Vashevnik has recently commenced practice at the hospital.

The Oncology/Haematology service at Peninsula has grown substantially over the last 18 months since Dr John Catalano and his colleagues took up residence in consulting suites at PPH. 'Day infusion services' has risen to the challenge and now provide care for an average 280 patients a month.

As the end of the financial year approaches and planning for the next one is well advanced, its a time to reflect on the current years achievements.

A commitment to involve managers in Strategic planning has been and remains a focus for senior leadership; this has never been more important embarking on substantial building projects. Of course the changes involve much more than new structures - new people, new systems and new technologies will underpin new structures and bring about a change in how many things are currently done.

Both hospitals have performed well and have achieved both clinical and business objectives during the last 12 months.

Kath Keating has been with Peninsula for over 16 years and has decided its time for a change. Kath will

co-ordinate clinical services during the day in the role of Assistant Director of Clinical Services and Sally Cameron has taken over the role of Director of Clinical Services. A sincere thank you and congratulations are extended to both Kath and Sally as they both embark on new roles at an exciting time for the organization

Greg Hall, Chief Executive Officer

### From the MACs

#### Recent appointments/privileges

**Surgical Assistants:** Dr Paul Simpson, Dr Jessica Dhir, Dr Iwan Bennett, Dr Rebecca Stevens, Dr Julian Liew, Dr Justin O'Brien, Dr Philip Cheung, Dr George Koufogiannis, Dr Joy Wong, Dr Justin Curtin, Dr Vivian Lim, Dr Edwina Moore, Dr Andrew Prancunas.

**Haematology and Oncology:** Dr Patricia Walker, Dr Jun Shen, Dr Benjamin Brady, Dr Song Chen, Dr Mark Levin.

**Orthopedic Surgery:** Mr Richard Large.

**General Surgery:** Ms Wendela Schimmer.

**Anaesthetics:** Dr Peter Roessler, Dr Louise Parker, Dr John Monagle, Dr Rajasekaram Rajeswaridevit, Dr Mark Tuck, Dr Yogi Bhatt, Dr Nicole Urquhart, Dr Wai Tam, Dr Cassandra Edwards, Dr Janette Wright, Dr John Bemelen.

**Obstetrics & Gynaecology:** Dr Stanislav Vashevnik, Dr Jolyon Ford.

**Nephrology and General Medicine:** Dr Vinod Venkataraman.

Reminder to all our readers to visit the hospitals Web site for a list of all accredited specialists with admission and procedural privileges at Beleura Private Hospital.

The 'Specialists Directory' is updated regularly and posted to all practitioners and specialists in Frankston and on the Mornington Peninsula every six months. If you would like to see changes to the Directory please notify the Business Development team at either hospital.

*"Handover has finished, its time to allocate,  
Give me the section that won't make me late,  
Medications to give and IV's to prime  
Come on lets go, I wish it was tea time.*

*The nurses keep working while the time  
ticks on,*

*Tick tock, tea time, can I have a sconce?  
We try really hard to make our patient's  
relax,*

*Now the phone is ringing and I have to Fax.*

*The shift is ending, the new staff arrive,  
They need handover to see who's still alive,  
See you girls, see you tomorrow,*

*We'll do it again to relieve the sorrow."*

**Dedicated to the nurses on  
Finders Ward by Ruth**

## Mental Health Services Expanded scope of service

Did you know that Eliza Ward can now boast of the addition of an ART THERAPIST to its range of services. Angela Morgan is an experienced, highly trained, and very versatile professional who has been working to establish ART THERAPY as a part of the inpatient program.

She has recently been facilitating an outpatient session on Wednesday afternoons as well, open to recently discharged patients, but also patients referred by other agencies. Participants require private health insurance, with most funds making a nominated number of sessions available.



Art therapy is not a craft or diversional therapy.

Applicants need to commit to a recommended 6 sessions to gain the optimum benefit. Further details can be obtained by phoning Eliza Ward on 59760864.

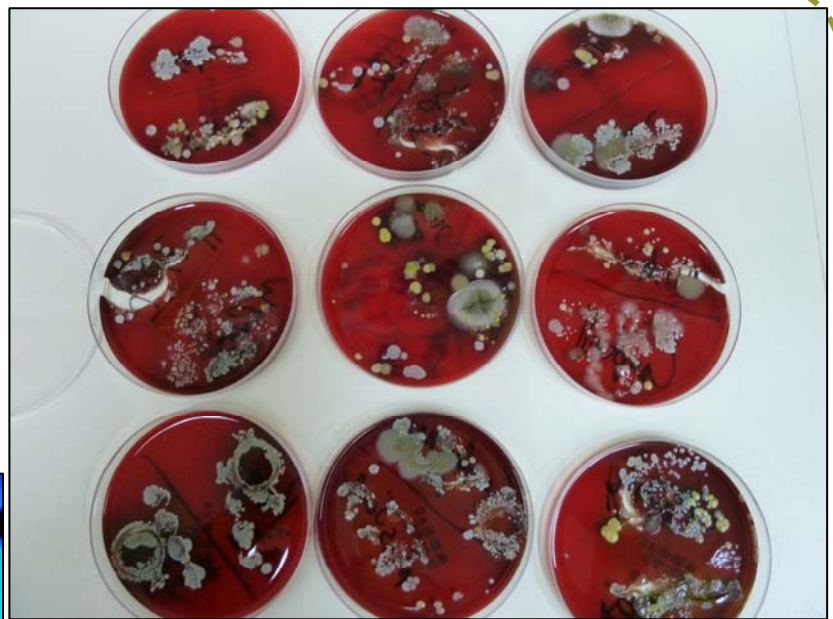
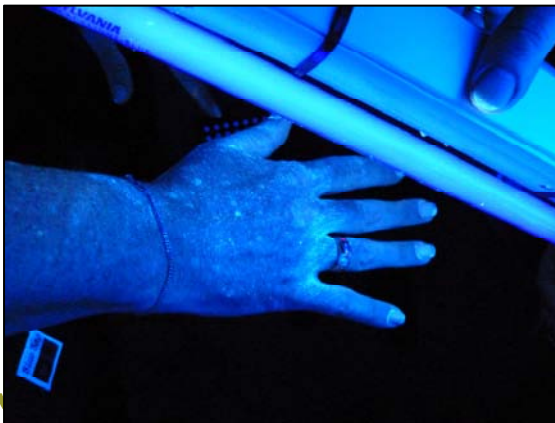
## Effective Hand Hygiene is the single most important strategy in preventing health care associated infections.

May was hand hygiene month across the world and employees at Beleura were exposed to a different strategy to remind them of the importance of hand washing — A BBQ lunch for hand hygiene month with staff "trailing" a new hand wash product.

This product was really "Glowash" which residue left on hands shows up under ultraviolet light if not washed off.

Next day 100 staff members had the opportunity to place their fingernails, rings watches even ID cards on agar to evaluate the growth one week later.

Opposite are some pictures of a random sample.



The centre plate sample shows computer keyboard (rt side) as well as ward phone. Circular shapes are rings worn by employees.

The samples are from nurses, surgeons, cleaners, catering and office staff.

Staff member Joyce Renshaw attended a course for auditors through Hand Hygiene Australia. To comply with Ramsay guidelines Joyce will be conducting education

and auditing staff.

Joyce's main objective is more about getting people to understand when to clean hands based on the 5 moments for hand hygiene rather than focusing on hand washing technique.

## How easy is this...?

Why not take advantage of your medical indemnity Insurer's "authority template"?

When you have signed this authority, the insurer is permitted to forward to the hospital (for up to three years) a copy of your current medical indemnity. Remove the frustration and see Lesley McFadyen

to sign the authority template.

For those doctors with medical indemnity expiring 30th June 2011 (and haven't signed a template) please remember to send a copy of your renewal certificate to Lesley McFadyen as soon as possible to comply with the facility rules.

Your patients don't need to travel to Frankston - an EEG service is available at Beleura Private Hospital via the rooms of Dr Udaya Seneviratne an experienced neurologist with a special interest in epilepsy / seizures and its management. Telephone **9791 1599** during business hours to make an appointment, or **FAX 9701 3036** through a referral.

## EEG AVAILABLE AT BELEURA



**Heart week activities with the community**  
- triumph again from Adrienne Caulfield

"I hope everyone had a very enjoyable and memorable Heart week May 2<sup>nd</sup> to 9<sup>th</sup> 2011."

Much planning and preparation goes into the annual heart week celebrations.

The wonderful volunteers (Heart throbs shown below) spent many hours preparing invitations and information folders to set the wheels in motion for a heart week full of exciting activities.



Monday morning began with a brisk walk around the George Pentland gardens Frankston with our regular rehabilitation social walking group. As always a coffee and chat followed at a local café as the group discussed its plans for Heart week of course. On Wednesday nurses from across the Frankston and Mornington Mornington Peninsula participated in a heart failure information seminar. The Frankston Division of General Practice, Servier, Medtronic and Sanofi Aventis all contributed to make this a very successful event. Each year the City of Frankston Bowling Club hosts our annual heart week social event. We attempt some social bowling followed by a surprise entertainment treat. This year we were honoured to have the Frankston Male Welsh choir perform for us. They were absolutely fabulous and a real treat for everyone who attended. Wednesday evening saw Doctors' Arun and Szto give excellent cardiac and case study presentations to a group of GP's from across the Mornington Peninsula area followed by a tour of the hospital coronary angiography suite. For the last four years Peninsula



Dr P Arun presents to a diverse audience

Private Hospital has sponsored the City of Frankston Bowling Club Heart week lawn bowling tournament. This year **32 teams of 4** entered the competition. During the lunch break nurses from our coronary care unit were on hand to give each participant a cardiac risk factor assessment. Blood pressure readings, blood sugar readings and risk factors were assessed and discussed with those who took advantage of the opportunity for a check up.

Peninsula Private had the privilege of hosting Dr's Tanaporn Laprattanagul (Pat) and Wipawee Lausanakorn (Wikki), two rehabilitation physicians from Thailand for four days in June. Wikki and Pat are in Australia spending six months with The Heart Research Centre.



Following previous success that Peninsula Theatres had in presenting specialty area Study Days for nurses, the **ENT Study Day**, held on Saturday 4 June 2011 proved to be another huge success.

These seminars are presented as part of the Continuing Professional Development activities within the hospital, not only to assist staff in staying abreast of new trends and developments within the speciality surgical fields, but are also indicative of Management's commitment to its staff, Visiting Medical Officers and patients, who through these programs are assured of optimal outcomes.

The half day seminar featured three prominent ENT Specialists, and one Specialist Anaesthetist, all of whom have successful practices on the Mornington Peninsula.

Presentations included Videostroboscopy / Microlaryngoscopy by **Mr Neil Vallance**, Sinus Surgery by **Mr Brent Uren**, Rhinoplasty by **Mr Diamanti Diamantaras**, and Anaesthetic Challenges in ENT Surgery by **Dr James Cooper**.



"presentations were outstanding"

Presentations were outstanding, and included revision of relevant anatomy and physiology, current and new surgical techniques, pre and post operative care. The seminar was attended by 63 registrants which included staff from most of the Melbourne Metropolitan Ramsay hospitals.

**Car parking solution for employees is very close.**

Employees at Peninsula Private will shortly be able to park their vehicles in an off site car park diagonally opposite the hospital in Cranbourne Road. The vacant land has been purchased and an application lodged with Frankston City Council to construct an all weather carpark on the property. The car park will eventually yield around 77 car spaces which means that use of other off site parking facilities will discontinue once the new car park is established. Management thanks

all those people that have parked off site over the last few months and taken the shuttle to the hospital.



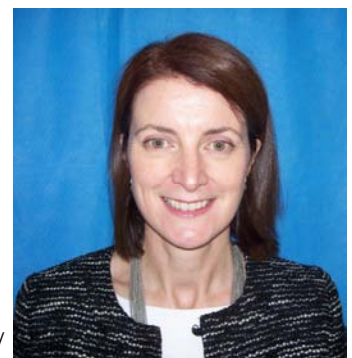
The Hospital seen from the new car park

**Passing on the 'baton' after many years of services**

Sally Cameron has been appointed Director of Clinical Services—Sally has been employed at Peninsula Private for several years and has had roles in Clinical coordination, Quality and Risk Management and in more recent time as Peri-operative Services Manager.

Sally has accepted the baton from Kath Keating, who after 16 years of tireless commitment to PPH as Director of Clinical Services has decided its time for a change.

Kath will remain with PPH and have a highly visible role as clinical coordinator—day duty (Monday—Friday). Congratulations and best wishes to Sally and Kath in their new roles.



Welcome to **Dr Stas Vashevnik** who has recently joined the established family oriented obstetric practice of Dr Melwyn D'Mello and Dr David Luiz in suite 5 at Peninsula Private Hospital.

Peninsula Private Hospital provides a first rate midwifery service founded on best practice guidelines and provides women and their families with appropriate information with which to make the best choices possible.

From the moment a booking is made with the Maternity service, vital information starts to flow on all aspects of antenatal and post natal care, including birthing and parenting education and of course a session for very proud grandparents.

Dr Vashevnik completed advanced (Fellowship) training with Southern Health at Monash Medical Centre and is equipped to offer and deal with a broad range of clinical obstetric and gynaecological conditions, including offering a comprehensive range of laparoscopic procedures.

With a special interest and advanced training in Laparoscopic myomectomy, laparoscopic hysterectomy and vaginal native tissue pelvic floor surgery, Dr Vashevnik is eager to provide professional services to the local community where he has established both public and private practices and lives on the Mornington Peninsula.

**And the 'Saints' come marching in .....  
to support the Mornington Peninsula  
Wig Library**

The Mornington Peninsula Wig Library, originally established at Peninsula Private Hospital in 2008, has relocated.

From a small start in 2008 of a few wigs and scarves and very enthusiastic volunteers recruited from PPH the Wig library has grown. Now with an impressive array of over 600 wigs and dozens of hats, scarves and assorted hats the need to expand the Wig Library's home became increasingly evident.

Local volunteers keep the library supplied with sleep caps, quilted scarves (padded for comfort) and assorted turbans and knitted hats.

In the past 3 years PPH has promoted the Wig Library as a community service to women who have lost their hair due to Chemotherapy. This service has been for women who live on, or are being treated on the Mornington Peninsula.

The Wig Library receives generous sponsorship from various local and non-local companies and groups. Recent fundraisers have been conducted by Chris Rolls of Blue Scope Steel in Hastings. Also many thanks go to Community Real Estate in Mt Eliza, St Kilda Football Club, Safety Beach Golf ladies, Pole Divas in Mornington, Sallyanne Rackham of Pilates for Life Mt Eliza, Victorian Performing Arts Challenge and Sorrento-Portsea RSL and of course Peninsula Private Hospital hosts a mini fields of women every second year at Cruden Farm in Langwarrin. Thanks are extended to Dame Elisabeth Murdoch for her untiring generosity.

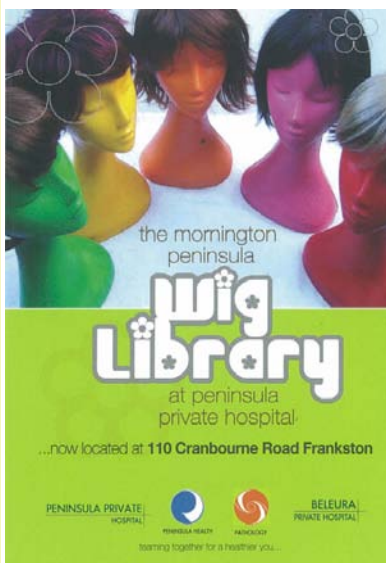
The Wig Library currently has 15 volunteers and recently has shared information and resources with Cabrini Brighton enabling them to plan their own Wig Library.

Due to the generous support of Victorian Performing Arts Challenge it is envisaged that a second Wig Library will be established in the near future. The Wig Library volunteers are much sought

after speakers in the local area and regularly attend functions for Rotary, Probus and Pink Lady days. The volunteers enjoy spreading the word about this fantastic community service provided by Peninsula Private Hospital.

Our new address is **110 Cranbourne Rd Frankston** in the Healthscope building. **Phone number is 0407525119** and operating hours are Tuesday 10 a.m. – 4p.m and Wednesday 10 a.m. – 2 p.m. bookings are essential.

**Kate Smith—Wig Library Co-ordinator**



**General Practitioner  
Education / News.**

*Cardiac Life support revision and recertification was well attended at PPH during May 2011.*

*A forum on men's health will be held at Beleura Hospital on 14th July 2011. This is a public forum and open to the community. Speakers include Dr Chee Wee Cham and Dr Anu Jayathillake.*

*A Renal and Urological seminar is planned for August to be held at the Peninsula Golf and Country Club—introducing Dr Alinda Chiu.*

*Obstetric emergencies update is planned for November and will introduce Dr Stas Vashevnik*

**Check out the Website for more detail**

**WARFARIN ALTERNATIVE WINS APPROVAL FOR STROKE  
PREVENTION IN PATIENTS WITH ATRIAL FIBRILLATION**

The first therapy proven to provide superior stroke protection than warfarin has won approval from the Therapeutic Goods Administration (TGA).

**Pradaxa (dabigatran etexilate)** has been approved for the prevention of stroke and systemic embolism in patients with non-valvular atrial fibrillation (AF) and at least one additional stroke risk factor.

Its manufacturer, Boehringer Ingelheim, says the approval ends a "50-year wait for a viable alternative to warfarin in this patient group".

Dabigatran etexilate binds directly to both free and clot-bound thrombin, blocking its effect within the coagulation cascade and preventing thrombus formation.

Experts said dabigatran would revolutionise treatment of patients with AF because it didn't require monitoring or have the drug interaction issues associated with warfarin. However, some expressed concern at the lack of an antidote to stop bleeding.

At the time being Pradaxa is a PBS listed authority for prevention of venous thromboembolic events in a patient undergoing total hip replacement and total knee replacement.

The warfarin alternative Dabigatran (Pradaxa) is a step closer for patients with atrial fibrillation, as The Pharmaceutical Benefits Advisory Committee (PBAC) has recommended it receive a PBS listing for this purpose. However, Cabinet is yet to endorse the PBAC recommendation; it recently deferred the listing of several PBAC-recommended drugs.

The drug is available in Australia under a patient familiarization program limited to ten patients per doctor and via a private prescription, which would cost the patient about \$150 a month.

**Marie Starkey - Pharmacist In Charge -Peninsula Private Hospital**